

EPSO: SHAPE YOUR EU CAREER

Internship and Career Opportunities in the European Union

Time: 18:00 – 19:30

1. Introduction, Giusy (18:00 – 18:15)

- a. Welcome Thanks to the speakers, participants, and organizers for their participation
- b. Brief presentation of the event and its objectives for the evening
- c. Index (agenda for the evening) -> Brief introduction of speakers (including myself), their roles (and the topics they will cover), and their experiences in the field of European institutions.

2. Session 1: EPSO (18:15 – 18:30)

- Role and functioning (presentation of the web – site)
- Speakers: Lina Frostdahl and Luis Cascalheira, Students' EU Career Ambassadors

3. Session 2: Career Opportunities in European Institutions (18:30 –

18:45) - Practical advice for applying to EU institutions, do's & don'ts

- Speaker: Gaia Pellegrini, Officer at Greens/EFA, European Parliament (Brussels), and digital creator (internships, Erasmus, travels)

4. Session 3: Blue Book Traineeship (18:45 – 19:00)

- Practical advice for applying for Blue Book traineeships in EU institutions
- Speaker: Lucia Albano, Former Bluebook trainee (October 2023 - February 2024), Contract agent at the European Commission (DG SANTE)

5. Session 4: Being a Student EU Career Ambassador (19:00-19:15)

- Role, application, do's & don'ts, benefits
- Speakers: Francesco Piscopo, Debora Striani, Students' EU Career Ambassadors

6. Q&A Session (19:15 – 19:25)

- a. Opening for audience participation for questions and answers

7. Closing and Thanks (19:25 – 19:30)

- a. Thanks to speakers, participants, and organizers
- b. Invitation to follow dedicated social media pages and distribution of gadgets (flyers, pens...)
- c. Photos